



You don't have
to walk this path alone.

South Minneapolis Coalition for Grief Support

WINTER/SPRING SERIES 2017

**St. Joan of Arc Parish Center
4537 3rd Ave. S.
Minneapolis MN 55409
Phone: 612-823-8205**

6:15 PM	Registration and refreshments
6:30 – 7:00 PM	Speaker
7:00 – 8:00 PM	Facilitated small groups

All groups are on Thursdays.

January 26	What Is Grief?	Lee Erickson
February 2	Grief & Guilt	Lee Erickson
February 9	How Relationships Change During Grief	Eva Rogness
February 16	Living Exhilarated After Loss	Annie Lumbar Brendser
February 23	Self Care During Grief	Carol Oldowski
March 2	Valleys of Sorrow to Rivers of Joy	Mark Meyer
March 9	Good Grief!	Mark Scannell
March 16	Giving Thanks Can Be Healing	Mark Scannell
March 23	What Grief Taught Me!	Paula Larsen
March 30	Service of Remembrance	

ROSTER:

Lee Erickson – Professional Grief Counselor
Eva Rogness – Retired Chaplain & Coalition Leader
Annie Lumbar Brendser R.N. - Grief Coordinator, Grief Survivor
Mark Meyer – Grief Facilitator, Grief Survivor
Carol Oldowskii, R.N. – Parish Nurse, Nativity of Mary
Mark Scannell – Staff at St. Joan of Arc, Author, Life Coach
Paula Larsen – Grief Survivor, Author

Individuals may join the group at any time. For further information, contact the coordinator, Norine Larson, at 952-925-2437. Grief Coalition congregations: Bethlehem Lutheran Church, Church of St. Thomas the Apostle, Church of the Annunciation, Diamond Lake Lutheran, Lake Harriet Christian, Our Lady of Peace, Richfield United Methodist, St. Joan of Arc, St. John's Episcopal and Walker Methodist Health Center Pastoral Care. The South Minneapolis Coalition for Grief Support was formed in the winter of 1994. It became a program of TRUST in 2006. TRUST, Inc. is an interfaith coalition of congregations providing services in south Minneapolis. For more information about TRUST, contact Nancy Biele, Executive Director at 612-827-6159 or go to www.trustinc.org.

