



13th Annual Walker Methodist 5k/10k Run & Walk

Lake Harriet, Minneapolis | Saturday, June 2, 2018



Perfect date.
Perfect location.
Perfect cause. Join us.

Join the 13th Annual Walk & Run to Benefit Walker Methodist Gather Sponsors for TRUST Parish Nursing Saturday, June 2, 2018

Lake Harriet at the Band Shell

Register at www.walkermethodist.org/foundation and scroll down to the walk (join team TRUST Parish Nursing) OR register in person the day of the walk. Pick up the sponsorship form here or on the TRUST web site to get sponsors for TRUST Parish Nursing. Whether or not you register for the event, you can collect sponsors for the TRUST folks that do. All race registrants will receive a t-shirt, water and refreshments. Questions? Call TRUST at 612-827-6159, email at trust@trustinc.org or go to www.trustinc.org. It's easy. Walk and collect pledges for the TRUST Parish Nurse program!

- 8:00 a.m. Registration starts
- 9:00 a.m. 10K Starts
- 9:05 a.m. 5K Starts
- Walk starts immediately after

Registration Fees

5K.....	\$40
10K.....	\$45
Walk.....	\$40



Walk, run and sponsor!