



## Who Sponsors the Groups?

Grief support groups are sponsored by the South Minneapolis Coalition for Grief Support.

Supporting members of the coalition are:

Bethlehem Lutheran Church  
Church of St. Thomas  
the Apostle  
Church of the Annunciation  
Diamond Lake Lutheran  
Lake Harriet Christian  
Our Lady of Peace  
Richfield Lutheran  
Richfield Methodist  
St. Joan of Arc  
St. John's Episcopal  
Walker Methodist Health  
Center Pastoral Care



## How Do I Join?

Individuals may join the group at any time. For further information, contact the coordinator, Norine Larson at 952-925-2437. For a schedule of speakers, go to [www.trustinc.org](http://www.trustinc.org).

The South Minneapolis Coalition for Grief Support was formed in 1994. TRUST, Inc., an interfaith coalition of congregations providing services in south Minneapolis, administers the grief coalition. For more information about TRUST, call 612-827-6159 or go to [www.trustinc.org](http://www.trustinc.org).



*You don't have  
to walk this path  
alone.*

**South Minneapolis  
Coalition for  
Grief Support**

2011 & 2012



## Grief Support Groups for Adults

The South Minneapolis Coalition for Grief Support provides education and support for those who are grieving. Support groups are designed for adults experiencing grief as a result of the death of a loved one.

Understanding the grief process and the many emotions involved in working through one's grief makes the journey less painful. Guest speakers share their own experience and professional knowledge on grief and loss. Small discussion groups follow the speaker each week. Groups are led by trained facilitators.

### Schedule

6:15 PM	Registration & Refreshments
6:30 PM	Speaker
7:00 – 8:00 PM	Small Groups

All groups are on Thursdays

#### SPRING/SUMMER SESSIONS

May 19 – July 21, 2011  
St. Joan of Arc Parish Center  
4537 3<sup>rd</sup> Avenue S.  
Minneapolis MN 55409  
Phone: 612-823-8205


#### FALL/WINTER SESSIONS

September 29 - December 8, 2011  
(no group on Thanksgiving)  
Walker Methodist Health Center  
3737 Bryant Avenue S.  
Minneapolis MN 55409  
612-827-5931

#### WINTER/SPRING SESSIONS

January 19 - March 22, 2012  
Diamond Lake Lutheran Church  
5760 Portland Avenue S.  
Minneapolis, MN 55347  
612-866-2579



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- Groups are open-ended; come as you feel the need.
  - Presentations are made by clergy, grief educators and peers who have worked through their own grief experiences.
  - Topics cover a wide range of grief support needs and concerns.
  - There are separate discussion groups for spouse loss and other losses.
  - A suggested donation of \$1 per session is welcome.