It‘s Flu Shot Time Again!



TRUST, in partnership with MVNA will once again be sponsoring flu shot

clinics at the TRUST congregations listed.

Reminders:

1. To have Medicare billed, please bring your Medicare Part B card.

2. Ages 3 years and older may receive the flu vaccination (with parent’s consent)

3. There are numerous insurance plans accepted this year. Health insurance card(s)

or a photo copy (front only) is required for billing. Picture ID (ex. Drivers License

or Employee Badge) is required.

4. For the non-insured, vaccination prices are (cash or check made out to MVNA):

* $27.00 for flu shot
* $32 for FluMist
* $57 for pneumonia shot

5. Please wear short sleeves.

**FLU SHOT CLINICS**

**Sunday, September 18, 10:00 am – 11:00 am, Lake Harriet Methodist, 4901 Chowen Ave. S.**

**Sunday, September 18, 11:30 am – 12:30 pm, Lutheran Church of Christ the Redeemer,**

**5440 Penn Ave. S**

**Sunday, September 25, 11:00 am – 12:00 pm, St. John’s Lutheran, 4842 Nicollet Ave. S.**

**Sunday, September 25, 10:00 am - noon, Richfield United Methodist, 5835 Lyndale Ave. S.**

**Sunday, September 25, Noon - 1:00 pm, Judson Baptist, 4101 Harriet Ave. S.**

**Sunday, October 2, 11:30 am – 12:30 pm, Living Spirit UMC, 4501 Bloomington Ave. S.**

**Sunday, October 2, 11:30 am – 12:30 pm, Lynnhurst UCC, 4501 Colfax Ave. S.**

**Wednesday, October 12, 4:30 – 6:00 pm, Bethlehem Lutheran, 4100 Lyndale Ave. S.**

**Monday, October 17, 10:30 - 11:30 am, St. John’s Episcopal, 4201 Sheridan Ave. S.**

**Monday, October 17, Noon - 1:30 pm, Bethel Lutheran, 4120 17th Ave. S. AND HEALTH FAIR CO-SPONSORED BY NOKOMIS HEALTHY SENIORS**

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MVNA has all their clinics posted on line at www.mvna.org. TRUST flu shot clinics are on the web site at [www.trustinc.org](http://www.trustinc.org). If you have questions, call Pat McLaughlin, TRUST Parish Nurse at 612-822-2394.For more information about TRUST, call 612-827-6159 or visit the web site.

