



## Who Sponsors the Groups?

Grief support groups are sponsored by the South Minneapolis Coalition for Grief Support.

Supporting members of the coalition are:

Bethlehem Lutheran Church  
Church of St. Thomas  
the Apostle  
Church of the Annunciation  
Diamond Lake Lutheran  
Lake Harriet Christian  
Our Lady of Peace  
Richfield Methodist  
St. Joan of Arc  
St. John's Episcopal  
Walker Methodist Health  
Center Pastoral Care



## How Do I Join?

Individuals may join the group at any time. For further information, contact the coordinator, Norine Larson at 952-925-2437. For a schedule of speakers, go to [www.trustinc.org](http://www.trustinc.org).

The South Minneapolis Coalition for Grief Support was formed in 1994. TRUST, Inc., an interfaith coalition of congregations providing services in south Minneapolis, administers the grief coalition. For more information about TRUST, call 612-827-6159 or go to [www.trustinc.org](http://www.trustinc.org).



*You don't have  
to walk this path  
alone.*

**South Minneapolis  
Coalition for  
Grief Support**

2012/2013



## Grief Support Groups for Adults

The South Minneapolis Coalition for Grief Support provides education and support for those who are grieving. Support groups are designed for adults experiencing grief as a result of the death of a loved one.

Understanding the grief process and the many emotions involved in working through one's grief makes the journey less painful. Guest speakers share their own experience and professional knowledge on grief and loss. Small discussion groups follow the speaker each week. Groups are led by trained facilitators.

### Schedule

|                |                             |
|----------------|-----------------------------|
| 6:15 PM        | Registration & Refreshments |
| 6:30 PM        | Speaker                     |
| 7:00 – 8:00 PM | Small Groups                |

All groups are on Thursdays

#### FALL/WINTER SESSIONS

September 27 – December 6, 2012  
(No group on Thanksgiving)  
Our Lady of Peace Catholic Church  
5426 12<sup>th</sup> Avenue S.  
Minneapolis 55417  
612-824-3455

#### WINTER/SPRING SESSIONS

January 17 - March 27, 2013  
Church of St. Thomas the Apostle  
2914 West 44<sup>th</sup> Street  
Minneapolis 55410  
612-922-0041



- Groups are open-ended; come as you feel the need.
- Presentations are made by clergy, grief educators and peers who have worked through their own grief experiences.
- Topics cover a wide range of grief support needs and concerns.
- There are separate discussion groups for spouse loss and other losses.
- A suggested donation of \$1 per session is welcome.