



You don't have  
to walk this path alone.

## **South Minneapolis Coalition for Grief Support**

**WINTER SERIES - 2014**

**St. Thomas the Apostle Church  
2914 W. 44th Street  
Minneapolis MN 55410  
Phone: 612-922-0041**

6:15 PM	Registration and refreshments
6:30 – 7:00 PM	Speaker
7:00 – 8:00 PM	Facilitated small groups

Jan 16 ----Surviving This Change , Sr. Adaire Lassonde  
Jan 23 ----Wellness & Grief , Renee Compo  
Jan 30 ----Overview Of Grief & The Grief Response, Brenda DeMotte  
Feb 6 ----Taking Steps toward Healing, Laurel March  
Feb 13 ----A Survivor's Story , Mary Canakes  
Feb 20 ----What To Do With The Stuff?, Mary Anne Kelly-Wright  
Feb 27 ----“Valleys Of Sorrow to Rivers Of Joy”, Mark Meyer  
Mar 6 ----Moving From Stress , Brenda DeMotte  
Mar 13 ----Creating Balance , Brenda DeMotte  
Mar 20 ----Service Of Remembrance

### **ROSTER:**

Sr. Adair Lassonde- Pastoral Minister, Office of Divorce & Separated  
Renee Compo, R.N.  
Brenda DeMotte- Professional Grief Counselor  
Mary Canakes – Grief Survivor, Facilitator  
Laurel March – Grief Survivor, Coordinator, Facilitator  
Mary Ann Kelly-Wright – Pastoral Minister – St. Joan of Arc  
Mark Meyer, Grief Survivor, Facilitator

Individuals may join the group at any time. For further information, contact the coordinator, Norine Larson at 952-925-2437. Grief Coalition congregations: Bethlehem Lutheran Church, Church of St. Thomas the Apostle, Church of the Annunciation, Diamond Lake Lutheran, Lake Harriet Christian, Our Lady of Peace, Richfield United Methodist, St. Joan of Arc, St. John's Episcopal and Walker Methodist Health Center Pastoral Care. The South Minneapolis Coalition for Grief Support was formed in the winter of 1994. It became a program of TRUST in 2006. TRUST, Inc. is an interfaith coalition of congregations providing services in south Minneapolis. For more information about TRUST, contact Nancy Biele, Executive Director at 612-827-6159 or go to [www.trustinc.org](http://www.trustinc.org).

