



You don't have
to walk this path alone.

South Minneapolis Coalition for Grief Support

WINTER/SPRING SERIES - 2016

**St. Thomas the Apostle Church
2914 West 44th Street
Minneapolis MN 55410
Phone: 612-922-0041**

6:15 PM	Registration and refreshments
6:30 – 7:00 PM	Speaker
7:00 – 8:00 PM	Facilitated small groups

All groups are on Thursdays.

January 21	What is Grief?	Lee Erickson
January 28	Grief & Guilt!	Lee Erickson
February 4	Gratitude - A New Look at the Serenity Prayer	Mark Scannell
February 11	Courageous Gratitude - A Way of Grieving	Mark Scannell
February 18	What I Learned from Grief	Paula Larsen
February 25	To Keep or Not to Keep? (What to Do with the Stuff?)	Mary Ann Kelly-Wright
March 3	Habits of Resilience	Beryl Schewe
March 10	Steps to Move Forward	Rita Olk
March 17	Service of Remembrance	

ROSTER:

Lee Erickson – Professional Grief Counselor
Paula Larsen – Grief Survivor, Author
Mark Scannell – Instructor, Staff – St. Joan of Arc, Life Coach, Author
Mary Ann Kelly-Wright – Pastoral Minister – St. Joan of Arc
Beryl Schewe – Author, Pastoral Minister – Our Lady of Grace
Rita Olk – Social Worker, Grief Facilitator, Therapist

Individuals may join the group at any time. For further information, contact the coordinator, Norine Larson, at 952-925-2437. Grief Coalition congregations: Bethlehem Lutheran Church, Church of St. Thomas the Apostle, Church of the Annunciation, Diamond Lake Lutheran, Lake Harriet Christian, Our Lady of Peace, Richfield United Methodist, St. Joan of Arc, St. John's Episcopal and Walker Methodist Health Center Pastoral Care. The South Minneapolis Coalition for Grief Support was formed in the winter of 1994. It became a program of TRUST in 2006. TRUST, Inc. is an interfaith coalition of congregations providing services in south Minneapolis. For more information about TRUST, contact Nancy Biele, Executive Director at 612-827-6159 or go to www.trustinc.org.

