

11th Annual Walker Methodist 5k/10k Run & Walk

Lake Harriet, Minneapolis | Saturday, June 4, 2016

Walker Methodist

5k
10k

run/walk



Step forward.
Give back.

Walk, run or sponsor a walker for TRUST Parish Nursing!

11th Annual Walk & Run Benefiting TRUST Parish Nursing & Walker Saturday, June 4, 2016

The course is certified, electronically timed, and all registrants will receive a high-quality t-shirt, water and refreshments

Get a registration form on the TRUST web site—www.trustinc.org OR on line registration is available at www.walkermethodist.org/foundation/foundation-events and scroll down to the walk. The registration has a sponsorship form on the back to get sponsors for TRUST Parish Nursing. Questions? Call TRUST at 612-827-6159 or go to www.trustinc.org.

It's easy. Walk and collect pledges for the TRUST Parish Nurse program!

8:00 a.m. Registration starts
9:00 a.m. 10K Starts
9:05 a.m. 5K Starts
Walk starts immediately after

Registration Fees

5K.....\$30

10K.....\$35

Walk.....\$30

Children (12 & under)..\$20

