



South Minneapolis Coalition for Grief Support
WINTER SERIES - 2019
St. Joan Of Arc - "The Arc"
4537 3rd Ave. S.
Minneapolis MN 55409

6:15 PM Registration and refreshments
6:30 – 7:00 PM Speaker
7:00 – 8:00 PM Facilitated small groups

Jan. 24	The Loss Of Dreams	Ted Bowman
Jan. 31	Building Resilience	Ted Bowman
Feb. 7	Hope After Loss	Mary Christopherson
Feb. 14	No Class – Valentine’s Day	
Feb. 21	Am I Going Crazy?	Judy Young
Feb. 28	Living With Loss	Jamie Mosley
Mar. 7	What To Do With The Stuff!	Mary Ann Kelly-Wright
Mar. 14	Mind-Body Connection	Lorry Lundberg
Mar. 21	Which Way Do I Turn?	Donna Mathiowitz
Mar. 28	Take Care Of Yourself!	Carol Oldowski
April 4	Service Of Remembrance	

ROSTER:

Ted Bowman – Trainer, Consultant, Educator
Mary Christopherson – Grief Survivor, Author
Judy Young – Retired Grief Counselor
Jamie Mosley – Grief Survivor
Mary Ann Kelly-Wright – Pastoral Minister, Grief Coordinator
Lorry Lundborg – Grief Survivor, Grief Facilitator
Donna Mathiowitz – Grief Survivor, Author
Carol Oldowskii, R.N. – Parish Nurse, Nativity Of Mary

The South Minneapolis Coalition for Grief Support was formed in the winter of 1994. It became a program of TRUST in 2006. TRUST, Inc. is an interfaith coalition of congregations providing services in South Minneapolis. For more information about TRUST, contact Carolyn Deters, Executive Director at 612-827-6159 or go to www.trustinc.org. Norine Larson is the Coalition Coordinator. Her number is 952-925-2437. This meeting is in the building called "The Arc", 4457 3rd Avenue South.