



Who Sponsors the Groups?

Grief support groups are sponsored by the South Minneapolis Coalition for Grief Support.

Supporting members of the coalition are:

Bethlehem Lutheran Church
Church of St. Thomas
the Apostle
Church of the Annunciation
Diamond Lake Lutheran
Lake Harriet Christian
Our Lady of Peace
Richfield Methodist
St. Joan of Arc
St. John's Episcopal
Walker Methodist Health
Center Pastoral Care



How Do I Join?

Individuals may join the group at any time. For further information, contact the coordinator, Norine Larson at 952-925-2437. For a schedule of speakers, go to www.trustinc.org.

The South Minneapolis Coalition for Grief Support was formed in 1994. TRUST, Inc., an interfaith coalition of congregations providing services in south Minneapolis, administers the grief coalition. For more information about TRUST, call 612-827-6159 or go to www.trustinc.org.



*You don't have
to walk this path
alone.*

**South Minneapolis
Coalition for
Grief Support**

2013/2014



Grief Support Groups for Adults

The South Minneapolis Coalition for Grief Support provides education and support for those who are grieving. Support groups are designed for adults experiencing grief as a result of the death of a loved one.

Understanding the grief process and the many emotions involved in working through one's grief makes the journey less painful. Guest speakers share their own experience and professional knowledge on grief and loss. Small discussion groups follow the speaker each week. Groups are led by trained facilitators.

Schedule

6:15 PM	Registration & Refreshments
6:30 PM	Speaker
7:00 – 8:00 PM	Small Groups

All groups are on Thursdays

FALL/WINTER SESSIONS

September 26 – December 12, 2013
(no groups on Oct. 31 or Nov. 28)

Diamond Lake Lutheran
5760 Portland Ave. S.
Minneapolis MN 55417
Phone: 612-866-2579

WINTER/SPRING SESSIONS

January 16 - March 20, 2014
St. Thomas the Apostle Church
2914 W. 44th Street
Minneapolis MN 55410
Phone: 612-922-0041



- Groups are open-ended; come as you feel the need.
- Presentations are made by clergy, grief educators and peers who have worked through their own grief experiences.
- Topics cover a wide range of grief support needs and concerns.
- There are separate discussion groups for spouse loss and other losses.
- A suggested donation of \$1 per session is welcome.