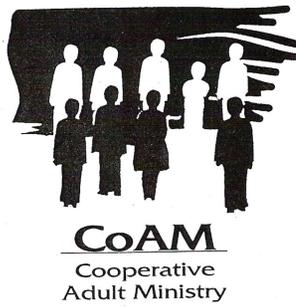




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# invite you to a **HEALTH FAIR**



**Monday, October 16  
11:45 AM - 1:30 PM  
Bethel Lutheran Church  
4120 17th Avenue South  
Minneapolis**



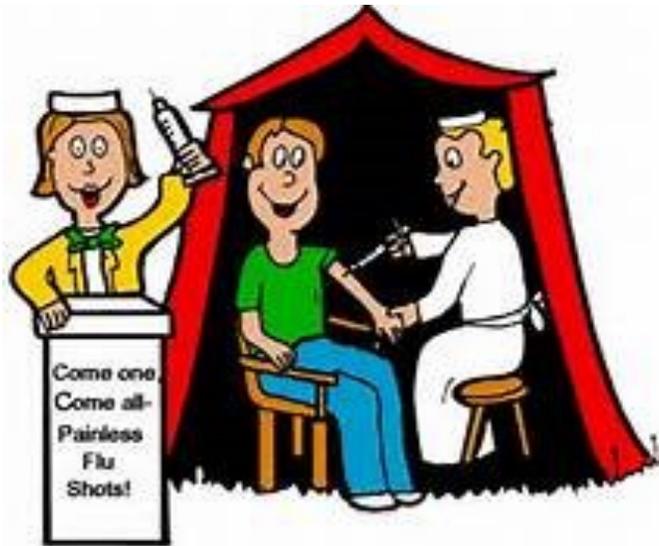
**Flu shots 12 - 1:30 PM  
Speaker - 12:30 PM**

**Blood pressure  
checks**

**Live Well at Home  
screening**

**Exhibits & Information**

**Soup & bread lunch**



**Reserve your flu shot  
at Nokomis Healthy  
Seniors at 612-729-  
5499. Other ques-  
tions, call TRUST at  
612-827-6159  
or [trust@trustinc.org](mailto:trust@trustinc.org)**

**Hear from Marypat Habermas, Doctor of Pharmacy with more than 20 years of adult medication experience, who will speak on medication wellness checkups and medical nutritional weight management. Whole person care and quality of life improvement are her primary goals. Marypat is certified in geriatric pharmacy and medication therapy management.**

