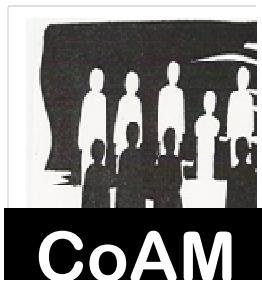




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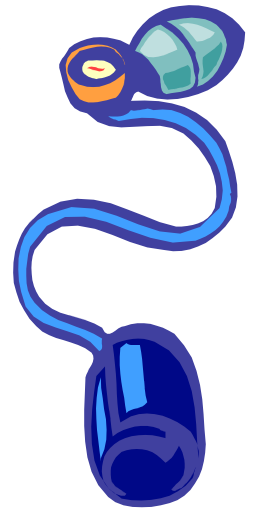


invite you to a

HEALTH FAIR



Monday, October 13
11:45 AM - 1:45 PM
Bethel Lutheran Church
4120 17th Avenue South
Minneapolis



Flu shots 12 - 1:30 PM
Soup lunch - \$5
Speaker
Blood pressure checks
Exhibits & information
Snacks



If you want a flu shot, call Nokomis Healthy Seniors at 612-729-5499 to reserve your place. Other questions, call TRUST at 612-827-6159.



Join us for a soup lunch (\$5) and to hear Gary Johnson from the Better Business Bureau. His program *Be Wise, Be Informed, Be Empowered* will cover topics like scam alerts and how to empower yourself to take action to protect yourself and others in today's marketplace.

Call the TRUST office - 612-827-6159 or the NHS office - 612-729-5499 to reserve lunch.