Registration Autumn 2013 Life Enrichment Series

Name(s)	
Address	
CityZip	Phone ()
Church attending	
Series registration (7 Mondays, 14 classes) persons @ \$ 40.00 \$	
Single day persons @ \$	6.00 \$
	TOTAL \$
Make checks payable to CoAM. Mail to: CoAM, 3045 Chicago Ave., Minneapolis, MN 55407	So. Phone 612-721-5786

Life Enrichment Classes

Monday, October 7

9:30 — 10:30 a.m.

GREAT DECISIONS: To Africa with Love: China's Push into a New Resource-Rich Frontier — Implications for the U.S. by P. Richard Bohr, professor of history with China specialty, the College of St. Benedict, St. Cloud, MN.

TRAVELOGUE: **Sight-seeing in China** presented by Dave Swanson, who takes us on this picturesque tour of Beijing, also Chongqing (Chungking) the nationalist capital of China during World War 2. Dave also takes us along on a cruise down the Chang Jiang (Yangtze) river, to Xian and the terra cotta soldiers.

10:50 – 11:50 a.m.

MORE ON CHINA: Teaching Post High School Practical Skills in Rural China by Rev. Paul Swanson, retired teacher at Minnehaha Academy, who taught an ethics class in China. TRAVELOGUE: Repeat of 9:30 travelogue.

Monday, October 14

Health Fair & flu shots today after Life Enrichment!

9:30 — 10:30 a.m.

<u>HEALTH ISSUES:</u> *Nokomis Healthy Seniors: Our Outreach Services to People Like You* by Megan Elliason, new executive director of Nokomis Healthy Seniors.

TRAVELOGUE: *My Recent Trip to Egypt* by Larry Turner. His visual images will include Cairo, the pyramids of Giza, Luxor, Aswan, Abu Simbel, and Alexandria, plus daily living in Egypt.

10:50 — 11:50 a.m.

<u>GREAT DECISIONS</u>: **Egypt's Infant Democracy Undone?** by Frank Wright, retired correspondent with the StarTribune. <u>TRAV-ELOGUE</u>: **Repeat of 9:30 travelogue.**

Monday, October 21

9:30 — 10:30 a.m.

<u>HISTORY:</u> **How We Became a Nation (3-part series)** by Dan Burow. <u>Part 1:</u> European powers compete to gain the riches of a vast continent. England wins out, but its 13 colonies prove unwilling to help pay the piper.

<u>TRAVELOGUE</u>: *Cuba and Its Women* presented by Sylvia Sabo and Margaret Bostelmann, organized by the Delegates of Friendships among Women.

10:50 — 11:50 a.m.

<u>HEALTH ISSUES:</u> Supporting Those Who Grieve: Guidelines for Friends and Family by Arnold Kruger. He will focus on the myths and misconceptions about grief.

TRAVELOGUE: Repeat of 9:30 travelogue.

Monday, October 28

9:30 — 10:30 a.m.

HISTORY: How We Became a Nation (3-part series) by Dan Burow, MDiv. Today, Part 2: "Revolution for a Big Dream."

TRAVELOGUE: Fishing in Alaska presented by Wally Bratt.

10:50 —11:50 a.m.

<u>CULTURAL HISTORY</u>: *Facts and Fables about Hallowe'en* presented by Joyce Denham, Bible teacher and author. TRAVELOGUE: *Repeat of 9:30 travelogue.*

Monday, November 4

9:30 — 10:30 a.m.

HISTORY: How We Became a Nation (3-part series) by Dan Burow. Part 3: The final victory of the Revolution but also the struggle for a constitution that would help our nation achieve the security it wanted without jeopardizing the freedoms it cherished. TRAVELOGUE: Ireland in History and Culture presented by Jane Gilgun.

10:50 —11:50 a.m.

<u>REFUGEE STATUS:</u> **Nepalese Refugees from Bhutan** presented by Linda Leonard, PhD, who currently works settling 125 refugees, all from Nepal, in Minneapolis.

TRAVELOGUE: Repeat of the 9:30 program.

Monday, November 11

9:30 — 10:30 a.m.

GOVERNMENT: Lobbying: The Good and the Bad by Lyall Schwarzkopf, former lobbyist, who also served as a legislator being lobbied. What function do lobbyists serve in government? TRAVELOGUE: Family Trip to Middle Denmark Islands presented by Larry Nielson. The islands to be visited: Fyn and Aero. 10:50 —11:50 a.m.

<u>GREAT DECISIONS:</u> *Humanitarian Intervention and U. S. Policy* presented by Dorothea Tenney. CoAM chairwoman.

TRAVELOGUE: Repeat of the 9:30 program.

Monday, November 18

Fundraiser Luncheon today after Life Enrichment! Join us!

9:30 — 10:30 a.m.

GREAT DECISIONS: Iran as a Nuclear Power: Can the U.S and Iran's Sunni Neighbors Abide That? presented by Jay Shadidi, president of the Iranian Americans Society.

<u>TRAVELOGUE</u>: *Iran and Its People,* a travelogue presented by Rick Steves in which he tries to avoid the thickets of controversy between the U.S. and Iranian governments.

10:50 —11:50 a.m.

HEALTH: Community Service Through Partnership with Therapy Dogs by Danielle Graczyk, 11-year professional dog trainer and founder of Canine Inspired Change.

TRAVELOGUE: Repeat of the 9:30 program.



CoAM's Autumn 2013 Life Enrichment Series

■ Current Issues ■ Great Decisions

■ Health Issues
■ History

■ Government **■** Travelogues

Mondays
October 7 — November 18
9:30 - 11:50 a.m.

classes held at centrally located

Bethel Lutheran Church

17th Ave. So. & 42nd St. E., Minneapolis

Sponsored by CoAM (Cooperative Adult Ministry) an ecumenical coalition of south Minneapolis churches

CoAM is a program of TRUST, Inc. 612-827-6159 www.trustinc.org