

## Registration

### Autumn 2014 Life Enrichment Series

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Church attending \_\_\_\_\_

Series registration (7 Mondays, 14 classes)  
\_\_\_\_ persons @ \$ 42.00 \$ \_\_\_\_\_

Single day \_\_\_\_ persons @ \$ 7.00 \$ \_\_\_\_\_

TOTAL \$ \_\_\_\_\_

Make checks payable to CoAM.

Mail to: CoAM, 3045 Chicago Ave., So.

Minneapolis, MN 55407

Phone 612-721-5786

## Life Enrichment Classes

Monday, October 6

9:30 — 10:30 a.m.

GREAT DECISIONS: *Turkey and the Turkic Peoples in History and in the Crises of Today* presented by Tom Hanson, former Foreign Service Officer and currently Foreign Policy Consultant.

TRAVELOGUE: : *New Brunswick, Canada* facilitated by Ruth Aaskov. The visuals are prepared by Canada Tourism.

10:50 — 11:50 a.m.

LEGACY: *Vikings in the Attic: In Search of Nordic America*

by Eric Dregni, who grew up with Swedish and Norwegian grandparents with a dash of Danish.

TRAVELOGUE: *Repeat of 9:30 travelogue.*

Monday, October 13

9:30 — 10:30 a.m.

HISTORY: *Campaign for Voting Rights in the 1860's: Tension Among Allies* presented by Professor Bill Green, History

Department, Augsburg College.

TRAVELOGUE: : *Mongolia, Land of Wide-open Spaces* presented by Lyall Schwarzkopf, frequent CoAM presenter and world traveler.

10:50 — 11:50 a.m.

HEALTH & EXERCISE: *Chair Yoga* led by Nancy Duncan from Nokomis Healthy Seniors. In your chair you will do exercises appropriate for strengthening, stretching, and balance. TRAVELOGUE: *Repeat of 9:30 travelogue.*

Monday, October 20

9:30 — 10:30 a.m.

GREAT DECISIONS: *Russia and Ukraine: A Conundrum Without Easy Answers* by Dr. Norma Noonan, retired Political Science Professor, Augsburg College.

TRAVELOGUE: *Venice, Italy's City of Water, and Its Environs*. Let Rick Steves guide you through the waterways and byways, wherever gondolas row or off-beat roads lead.

10:50 — 11:50 a.m.

NATIONAL: *Federal Mid-term Elections: What They Portend* presented by Frank Wright, retired reporter and editor with the Star Tribune. A favorite presenter at CoAM, TRAVELOGUE: *Repeat of 9:30 travelogue.*

Monday, October 27

9:30 — 10:30 a.m.

GREAT DECISIONS: *Threats of Climate Change to Our Environment and Security*. Besides a video documentary, this session will include a discussion led by Dorothy Tenney of CoAM.

TRAVELOGUE: *Danube River Cruise* presented by Larry and Mary Ellen Nielsen. Beginning in Budapest, Hungary, our float trip will take us into Slovakia, Austria, and southern Germany.

10:50 — 11:50 a.m.

GEOGRAPHY: *Panama — the Country* presented by Earl Anderson. Earl and his wife traveled to and photographed Panama with the help of a naturalist.

TRAVELOGUE: *Repeat of 9:30 travelogue.*

Monday, November 3

9:30 — 10:30 a.m.

**BIBLICAL HISTORY:** *David (Part 1 of 2): From Juvenile Shepherd to Israel's Greatest King* by Dan Burow, retired pastor and publishing house curriculum editor. .

**TRAVELOGUE:** *Replacing Water Systems in Zaire, Central Africa (Now Democratic Republic of Congo)* presented by Dave Swanson who led teams to replace existing water systems.

10:50 —11:50 a.m.

**GREAT DECISIONS:** *Israel and the U.S.* by Mary T. Curtin, U.S. Department of State Foreign Service Officer from 1986 to 2011.

Will our 65-year-old "special relationship" survive recent events?

**TRAVELOGUE:** *Repeat of the 9:30 program.*

Monday, November 10

9:30 — 10:30 a.m.

**BIBLICAL HISTORY:** *David (Part 2 of 2): Template for the Christ — Possible!?* by Dan Burow. David's dynasty destroyed in 586 BC to be everlasting? How possible?

**TRAVELOGUE:** *Ukraine: Footsteps of the Cossacks* by Larry Turner, on a Viking River Cruise from Kiev to Black Sea ports.

10:50 —11:50 a.m.

**MODERN HISTORY:** *Mons 1914: The English "Old Contemptibles" in the Path of the German Juggernaut* by Rev. Paul Burow. A little battle that helped turn World War I into a 4-year bloodbath still leaving scars and open sores 100 years later.

**TRAVELOGUE:** *Repeat of the 9:30 program.*

Monday, November 17

9:30 — 10:30 a.m.

**LOCAL HISTORY:** *A Short History of South Minneapolis* by Dave Swanson. What was south Minneapolis 100 years ago?

**TRAVELOGUE:** *Eastern Canada* presented by Ruth Askov. Montreal, Quebec and the Gaspé Peninsula.

10:50 —11:50 a.m.

**INTERNATIONAL HEALTH:** *Faith Community Nursing in Tanzania* by Diane Waarvik, nurse practitioner currently Director of Congregational Health Ministries at Bethlehem Lutheran church.

**TRAVELOGUE:** *Repeat of the 9:30 program.*



## CoAM's Autumn 2014 Life Enrichment Series

+ Current Issues + Great Decisions  
+ Geography + Health + History  
+ Legacy + National + Travelogues

**Mondays**  
**October 6 — November 17**  
9:30 - 11:50 a.m.

classes held at centrally located

**Bethel Lutheran Church**

17th Ave. So. & 42nd St. E., Minneapolis

**Sponsored by CoAM**

(Cooperative Adult Ministry)

an ecumenical coalition

of 26 south Minneapolis churches

**CoAM is a program of TRUST, Inc.**

