

It's Flu Shot Time Again!

TRUST, in partnership with Hennepin Healthcare/MVNA, will once again be sponsoring flu shot clinics at the churches listed below.

Reminders:

- ❖ To have Medicare billed, please bring all your Medicare (Parts A & B, and supplement) cards.
- ❖ Ages 6 months and older may receive the flu vaccination (with parent's consent)
- ❖ Hennepin Healthcare/MVNA can bill through any insurance. It is the individual's responsibility to check their coverage. Health insurance card(s) or a photo copy (front only) is (are) required for billing. Picture ID (ex. Driver's License or Employee Badge) is required.
- ❖ For the non-insured, vaccination prices are (cash or check made out to **Hennepin Healthcare**):
 - \$39.00 for quadrivalent flu shot
 - \$70.00 for high dose (ages 65 & older)
- ❖ Participants receiving their flu shot will be required to wear a mask. A homemade mask is acceptable.
- ❖ Please wear short sleeves.
- ❖ Participants should wash their hands prior to coming for their shot.
- ❖ Participants who have any symptom of COVID-19 per CDC guidelines will not be vaccinated:
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- ❖ Please fill out the registration form ahead of time.
- ❖ Please bring and use your own pen.



Please make a reservation at the church where you would like to receive your flu shot. There are signup sheets at all the host churches. Listed below are the churches with their phone numbers.

Stay healthy. . . sign up for a flu shot today! Getting a flu shot could be more important than ever this year to avoid possible complications of battling the flu and COVID-19 at the same time.

FLU SHOT CLINICS

Sunday, 9/27	11:30 am – 12:30 pm	Living Spirit UMC 4501 Bloomington Ave S. - 612-721-5025
Sunday, 10/4	11:00 am – 12:30 pm	Lutheran Church of Christ the Redeemer 5440 Penn Ave S. – 612-926-5414
Monday, 10/5	10:30 am – 12:00 pm	Judson Baptist 4101 Harriet Ave S. - 612-822-0649
Wednesday, 10/7	4:30 pm – 6:30 pm	Bethlehem Lutheran Church 4100 Lyndale Ave. S. – 612-312-3400
Tuesday, 10/20	12:00 pm – 1:30 pm	Nokomis Healthy Seniors @ Bethel Lutheran 4120 17 th Ave. S. – 612-729-5499



For more information about TRUST, call 612-827-6159 or visit the website
www.trustinc.org.

The TRUST Parish Nurse is at 612-822-2394 or parishnurse@trustinc.org

