



You don't have
to walk this path alone.

South Minneapolis Coalition for Grief Support

WINTER SERIES 2020

St. Thomas the Apostle Church

2914 W 44th St

Minneapolis MN 55410

Phone: 612-922-0041

6:15 PM	Registration and Refreshments
6:30 – 7:00 PM	Speaker
7:00 – 8:00 PM	Small Groups

All groups are on Thursdays.

January 23	The Fundamental Characteristics of Grief	Paul Johnson
January 30	Grief and the Quest for Meaning	Jean Greenwood
February 6	Self Care While Grieving	Mark Flaten
February 13	From Grieving to Resilience	Mark Scannell
February 20	Honoring Memories, Discovering Hope	Arnold Krueger
February 27	Taking Care of Feelings	Sr. Adaire Lassonde
March 5	The Loss of Siblings	Maggie Bauer
March 12	What to do with the Stuff	Mary Anne Kelly-Wright
March 19	Giving Thanks Can Help Us Grieve	Mark Scannell
March 26	Service of Remembrance	

ROSTER:

Paul Johnson – Grief Consultant & Trainer, Retired Supervisor for Health Partners
Jean Greenwood – Minister, Freelance facilitator/mediator for MN Dept. of Education
Mark Flaten – Grief Survivor, Former pastor
Mary Anne Kelly-Wright – Retired Pastoral Minister, Director of Religious Education
Arnold Krueger – Grief Facilitator, Grief Coordinator, Musician
Sr. Adaire Lassonde – SSND, Lic. Independent Social Worker
Maggie Bauer – Owner, Grief Recovery Services
Mark Scannell – Life Coach, Author, Trainer, Speaker

Individuals may join the group at any time. **Norine Larson** is the Grief Coalition Coordinator and can be reached at **952-925-2437**. Grief Coalition congregations are Bethlehem Lutheran Church, Church of St. Thomas the Apostle, Church of the Annunciation, Diamond Lake Lutheran, Lake Harriet Christian, Our Lady of Peace, Richfield United Methodist, St. Joan of Arc, St. John's Episcopal and Walker Methodist Health Center Pastoral Care. The South Minneapolis Coalition for Grief Support was formed in the winter of 1994 and became a TRUST program in 2006. TRUST, Inc. is an interfaith coalition of congregations providing services in south Minneapolis. For more information about TRUST, contact Nancy Biele, Interim Executive Director, at 612-827-6159 or go to www.trustinc.org.

