



TRUST UPDATES

- TRUST Chore Program has a big need for workers to do light house cleaning, fall clean-up, and snow removal. Chore Program enables seniors to continue living in their own home. Contact Program Coordinator Ama Asantawaa 612.827.6150
- TRUST Main Office is looking for volunteers to answer phones, help with mailings, filing, and other light office work. Contact Operations Director Whitney Jones 612.827.6159
- Do you know someone who is able to shop independently but can't get to the store? The Grocery Transportation Program provides rides to and from the grocery store for Riders age 60+ or those living with a disability. Contact Grocery Transportation Coordinator Sandy Parnell 612.721.5786
- Are you on Facebook? Like and share the TRUST Inc. page. <https://www.facebook.com/TRUSTINC.MN>

E-Newsletter 10.4.2021

New Water Works and Park Pavilion

Owámni is what the Dakota called the area at St. Anthony Falls. It means, "whirling or falling water" in the Dakota language. Check out the new park pavilion while celebrating indigenous MN cultures with music, art, food and more at the Owámni Falling Water Festival Saturday 9, 1-5pm.

Eviction Moratorium

October 12th is the first day landlords can send out their 15 or 30 day notice to be evicted for nonpayment of rent except for if they refuse to apply for Rent Help MN [apply here](#) MN Dept of Housing has funds available to help with rent/mortgage dating back to March 2020. Denied assistance from Rent Help? Call The Housing Justice Center (612) 807-1139. Their lawyers are addressing this issue.

To Be Brave: A Memoir of Domestic Violence, Resistance, and Healing

A story of how one Minnesota farm family experienced domestic violence and found a way to heal. This grace-filled story is written by TRUST Board Member, Karla McGray, to offer hope to individuals and families who live with domestic violence. Experiencing domestic violence? Call the 24/7 confidential crisis hotline 1-866-223-1111

National Disability Employment Awareness Month

More than half a million, or approximately 11%, of Minnesotans report having one or more disabilities, and the unemployment rate of this group is more than double that of people without disabilities.

Fall into Fun

10/6 Flu Clinic - Bethlehem Lutheran 4:30-6:30pm

10/8-9 Twin Cities Oktoberfest [info](#)

10/11 Lyndale Avenue Open Streets [info](#)

10/16 Flu Clinic - TRUST Office 11am-1pm

10/17 Flu Clinic - Lutheran Church of Christ the Redeemer 11-12:30

[9 Best pumpkin patches](#)

Covid-19 Update

YMCA is accepting appointments and walk-ins for free Pfizer vaccines ages 12 and up. Find the location nearest you [here](#). Order a free at home Covid test kit [here](#).

