



TRUST UPDATES

- What does the TRUST Chore Program offer? Household cleaning, snow removal, lawn care, and minor home repairs at a low cost rate. Do you know someone who could benefit from these services? Contact 612.827.6150
- Do you know someone who is able to shop independently but can't get to the store? The Grocery & Errand Transportation Program provides rides to and from the grocery, hardware store, post office for Riders age 60+ or those living with a disability. Contact 612.721.5786
- In transition? Moving? Estate closing? TRUST's estate sale program will advertise, sort, price, and conduct the sale for you. Contact Jan 612.269.1865
- TRUST Meals on Wheels delivers hot food to those in need. One meal costs about \$6. Consider donating a day or week worth of meals. [GiveMN](#) or [PayPal](#)

E-Newsletter 3.28.2022

Free Youth Summer Programs at Minneapolis Parks

Join Registration fees have been eliminated for all youth programs, activities and sports leagues based at Minneapolis Park and Recreation Board (MPRB) parks, recreation centers and facilities within census-designated "areas of concentrated poverty." This new policy applies to any Minneapolis resident 17 and under signing up for any activity at one of 17 MRPB sites within a designated area. [Browse the parks and programs.](#)

Hop on over to the Bunny Trail

Hop (or walk) the trail to spot all the eggs. At each laminated picture of an egg will be a stamp. Stamp your passport and once your passport is full you can stop by the Lyndale Farmstead Rec Center for your treat bag. You must [pre register](#) so we can get you your passport. The trail will be out for you to hunt anytime April 4th – April 13th. Treat bags will be ready for pick up anytime April 11th – April 15th from 3pm-9pm..

Harvest from the Heart Resource Center

TRUST's Grocery Transportation program is partnering with Harvest from the Heart Resource Center to offer rides to their food center Thursday and Friday mornings from 9:00-10:00 am. This time is before they open to the public for that day and is only for TRUST shoppers. LOTS of great fresh produce! Call us to schedule a ride 612-827-6159.

Free Community Concert

Join TRUST on April 10th 4:30-6:30pm while we listen to the delightful a cappella music from local Twin Cities choral singers of Caritas Vocal Ensemble. Richfield Lutheran 8 West 60th Street

Spring has Sprung

4/1-3 Women's NCAA Final Four - Tourney Town free event [info](#)

4/10 2022 Food Truck Season Kick-off

4/10 Caritas Concert 4:30pm @ Richfield Lutheran

Get Out and Enjoy the Weather

The snow is melting, which means activity in our regional parks is heating up. The Met Council's 10 regional parks agency partners have a wide range of new and exciting adventures planned for people of all ages this spring and summer. Whether you enjoy family gatherings, solitude, new challenges, or old favorites, spring is a great time to [visit the regional parks.](#)