



E-Newsletter 5.23.2022

TRUST UPDATES

- What does the TRUST Chore Program offer? Household cleaning, snow removal, lawn care, and minor home repairs at a low cost rate. Do you know someone who could benefit from these services? Contact 612.827.6150
- The Grocery & Errand Transportation Program provides rides to and from the grocery, hardware store, post office for Riders age 60+ or those living with a disability. Contact 612.721.5786
- In transition? Moving? Estate closing? TRUST's estate sale program will advertise, sort, price, and conduct the sale for you. Contact Jan 612.269.1865
- Most employers offer PTO in for a day of volunteering. Some will even match dollars to the hours! Donate your time with TRUST volunteer opportunities. 612-827-6159
 - Minor home repairs
 - Garden Helpers
 - Data Entry
 - Transportation Drivers
 - Yearly events

Frog Identification Project

Become a Citizen Scientist and help the Friends of Diamond Lake evaluate the health of the Diamond Lake eco-system. The vitality of the frog population around the lake is a long term indicator of its health. An ongoing survey has been established to identify frogs by their calls, record the sightings, and store this information in an online database. Listen to the different frog calls and view the survey [here](#).

Lyndale Avenue Open Streets

Open Streets Minneapolis events close city streets to motor vehicle traffic and open them up for fun and unique programming from local businesses, artists and community groups. For more than a decade, tens of thousands of people have gathered to enjoy the games, live music, vendors, art and other activities that line each route. Pull out your sunscreen and head on down Lyndale Ave from 42nd St - 22nd St on Sunday June 5th 11-4:30

Lead Testing Kits

Lead is a toxic metal that can cause immediate effects at high doses and long-term effects if it builds up in the body over many years. Lead can cause brain and kidney damage in addition to effects on the blood and vitamin D metabolism. The City of Minneapolis delivers lead-free water to its customers. But if your service line or home plumbing contains lead, the lead can get into your drinking water. You should test your water every 3 years to ensure safe drinking water. [Order your free test kit from the City of MPLS](#)

George Floyd 2nd Angelversary

On Wednesday, May 25, at 7pm, St. Joan of Arc Church (4537 3rd Ave S) will host "A Time of Remembrance and Renewal" to commemorate the second anniversary of the death of George Floyd. Together, in quiet and in conversation, in prayer and in song, we will reflect on the last two years in our community, and on our shared future.

Senior Citizen Education Program

The University of Minnesota provides senior citizens with opportunities in higher education. The Senior Citizen Education Program (SCEP) is part of a Minnesota state statute that applies to all state-supported institutions of higher education in Minnesota. Minnesota residents who are aged 62 or older may enroll in courses at the University for reduced costs, either to audit or earn college credit. You must be a Minnesota resident aged 62 or older before the start of the term for which you are registering. You may be eligible at age 60 if you have a railroad retirement annuity. [Learn more here](#).

Where are the May flowers?

5/25-28 George Floyd Angelversary @ George Floyd Square

6/3 Movie in the Park: Back to the Future @ Armatage 8-10pm

6/4 Nokomis East Annual Garage Sale [Map/List](#) available @ 7am on day of

6/4 Movie in the Park: Harry Potter @ Lake Harriet 8-10pm