



TRUST UPDATES

- **What is the Grocery Transportation Program?** The program provides weekly transportation for seniors and people with disabilities to shop independently. We are in need of volunteer drivers. Can you spare a few hours a week or month?
- **What is the TRUST Chore Program?** The Chore Program matches skilled workers with seniors needing assistance with household chores and maintenance. The goal is to help seniors live safely and independently in their own homes. Read the [Chore FAQ](#)
- Are you handy with tools? Good with a paint brush? Know how to fix a leaky pipe? TRUST Chore Program is in need of workers to help seniors with small repairs to ensure they are safe and able to stay in their own home.}]

E-Newsletter 7.12.2021

July is Black, Indigenous, and People of Color Mental Health Month

Mental Health America (MHA) believes that all individuals and families should have access to mental health services that are responsive to their needs. This requires minimizing barriers, providing multiple referral and service pathways, redesigning services that are more culturally and linguistically competent. Read more and find resources [here](#).

TRUST Meals on Wheels Director

Eleonore Balbach, Director of TRUST Meals on Wheels, has recently been elected to be on the board of Metro Meals on Wheels. MMOW is a member organization that TRUST has been a part of for many years. They have been instrumental in helping TRUST MOW navigate through this unprecedented time.

Spending time in July

7/13 The City of MPLS is hosting a meeting to discuss the Public Works recommended designs for both Bryant Ave S and Lyndale Ave S. [How to attend?](#)

7/16-18 Street Machine Nationals

7/17-18 TC Pride Festival [more info](#)

7/23, 24, 25 Minnesota's largest equine consumer trade show with hundreds of exhibitor, horses representing unique breeds and nationally know clinicians and speakers are featured during the Horse Expo. Free pony and wagon rides! [More info](#)

A vision for the next decade of Minneapolis parks and recreation

MPLS community members, park users, MPRB staff and partners are encouraged to review the plan and send feedback before the comment period ends Sunday, July 18, 2021. [Read about Parks For All.](#)

Backpacks for Creekside Commons

Mayflower will be filling backpacks for the students at Creekside Commons once again this year—preschoolers through college. [Please see the list here.](#) The deadline to donate is August 4. To arrange drop off, please call Deb Peterson at 612-730-3533. You may also make a cash donation in lieu of shopping.

Covid-19 Update

- Vaccine pop-up at Terminal 2 from 6am-2pm daily. Those who get their shot between Thursday, July 1 and August 7 at MSP Airport's Terminal 2 will be entered into a weekly drawing for a \$500 travel voucher through Sun Country Airlines. A new winner will be announced weekly for five consecutive weeks.
- Find a vaccine instant incentive event for a \$50 Visa gift card. Dates and locations can be found [here](#).

