RUST

TRUST UPDATE

- What does the TRUST Chore Program offer? Household cleaning, snow removal, lawn care, and minor home repairs at a low cost rate. Do you know someone who could benefit from these services? Contact 612.827.6150
- The Grocery & Errand Transportation Program provides rides to and from the grocery, hardware store, post office for Riders age 60+ or those living with a disability. Contact 612.721.5786
- In transition? Moving? Estate closing? TRUST's estate sale program will advertise, sort, price, and conduct the sale for you. Contact Jan 612.269.1865
- Most employers offer PTO for a day of volunteering. Some will even match dollars to the hours! Donate your time with TRUST volunteer opportunities. 612-827-6159
 - o Minor home repairs
 - o Garden Helpers
 - o Data Entry
 - o Transportation Drivers
 - o Yearly events

E-Newsletter 7.5.2022

Pfizer Vaccine Now Available for ages 6 months to 5 years

Appointments at the State's Mall of America COVID-19 <u>vaccination site</u> are now open for Minnesota children between 6 months and 5 years old. This follows the Centers for Disease Control and Prevention recommendation that everyone 6 months and older get vaccinated. COVID-19 vaccination for younger children is a critical opportunity to prevent severe illness. Minnesota's provider network – primarily large medical systems, pediatricians, local clinics and pharmacies – will administer most vaccines to children between 6 months and 5 years old because of their expertise caring for young children.

Yard Waste Pickup Switching to Every Other Week for Parts of Minneapolis

As of June 20, yard waste pickup has changed from weekly to every other week for some parts of south, southwest and northeast Minneapolis to adjust for a staff shortage. Minneapolis Solid Waste & Recycling customers whose collection will change to every other week live in: South: east of I-35W. Southwest: south of Minnehaha Creek. Collection will be every other week on regular pickup day, but for the most efficient routes it might not align with your recycling week. Find your yard waste pickup week in the map on the <u>City website</u>.

Minnesota Lawmakers Approve \$93million for Mental Health

Concerns about the well-being of children and students after two years of the pandemic helped push \$92.7 million in new mental health funding through. The bill creates a pilot program establishing mental health urgency rooms, described as family-friendly spaces where minors experiencing mental health crises can go outside of hospital emergency rooms. The money will also provide ongoing funding for mobile crisis units; school-linked mental health services and shelter-linked mental health. The bill creates a loan forgiveness program for mental health professionals, as well as a \$1 million grant for a Black-focused community mental health provider.

Strawberry Picking Season

With the warmer temperatures, strawberry season is fast approaching. Starting dates vary depending on the farm's location throughout the state, so it's recommended that you find your closest farm and follow their website/social media for the most recent updates. To ensure a fun, fruitfilled experience, call ahead to check on picking conditions and availability. Farmers also appreciate it! Find places near the Twin Cities <u>here</u>.

Summer Fun for All

- **7/10** Open Streets Franklin Ave 11am-4:30pm Event Line-up **7/12** Yappy Hour @ TRUST Office 6:30-8pm
- 7/13 Aqal Healing Hut with Ifrah Monsour @ Judson 1pm
- 7/14 Ice Cream Socials @ Windom Park and Pershing Park 6-8pm
- 7/15 Movie Fun Night w/food trucks, bounce house & more @Painter Park
- 7/15/16 Dances at the Lake Festival @ Lyndale Park Rose Garden
- 7/15-17 Minnehaha Falls Art Festival